

Redwood Health Services was established in 1976. RHS provides employee benefit plans and third-party administrative services to large and small employers. RHS has over four decades of experience with plan design and benefits administration. Employers who use our services and benefit plans have experienced significant savings. We are flexible, affordable, and we offer superior customer service.

Contents	Page
RHS Enrollment Process	2
Two Options: Secondary Payor Card or Debit Card	3
RHS Debit Card Summary of Benefits	4
Monthly Utilization Report	5
Trust Account Report	5
Census Report	6
RHS Explanation of Benefits	6
RHS Website	7
RHS Services	8
Contact RHS	8

### **RHS Enrollment Process**

A typical enrollment process occurs when an employer group purchases an RHS product.

- An RHS employer application, closing document, and W9 are completed and signed.
- Once the employer specifies the benefits, RHS produces a Summary of Benefits (pages 2-3) describing the benefit plan in detail.
- A copy of the insurance carrier enrollment form should provide all the necessary information for our RHS enrollment process.
- Once the enrollment documents are submitted, and payment is received, cards are mailed to each enrollee in the group (the Carrier card and the RHS card). Additionally, a copy of the Summary of Benefits is provided to each employee with an explanation of how to access the benefits and how the cards work.

### **SAMPLE**



#### **Redwood Health Services**

## ABC Company Summary of Benefits

Effective date: January 1, 2018

Your Blue Shield health plan pays most of your in-network eligible medical expenses **after** you reach a calendar-year deductible (\$5,500 per individual or \$11,000 per family). Refer to your Blue Shield Summary of Benefits for more details.

Your employer provides funds from a Health Reimbursement Account (HRA) to help pay for your Blue Shield deductibles and out-of-pocket. The table below shows how much your employer pays and how much you are responsible for as a member of the health plan.

Blue Shield – Full PPO Deductible 5500 Plan	Employer Benefit	Member Responsibility
Calendar-Year Deductible - \$5,500/\$11,000		
Individual plan – First \$1,500	\$750	\$750
Individual plan – remaining \$4,000	\$3,100	\$900
Family plan – First \$3,000	\$1,500	\$1,500
Family plan – remaining \$8,000	\$6,200	\$1,800
Calendar-Year remaining co-insurance		
Individual plan – \$850	\$0	\$850
Family plan – \$1,700	\$0	\$1,700
Calendar-Year Out of Pocket Maximum		
Individual plan (\$6,350)	\$3,850	\$2,500
Family plan (\$12,700)	\$7,700	\$5,000
Copays – during and after deductible		
Office visits	Balance	\$40
Diagnostic X-ray & Lab*	Balance	\$15
Advanced Imaging*	Balance	\$30
Outpatient facility Diagnostic X-ray and lab (\$25 copay plus 20%)	Balance	\$15
Outpatient facility Advanced Imaging (\$100 copay plus 20%)	Balance	\$30
Outpatient mental health (20%)	Balance	\$30
Urgent Care (20%)	Balance	\$40
Physical, occupational and speech therapy (20%)	Balance	\$30
Prescription Drug – Express Scripts supplemental		
Generic prescription drugs (\$10)	Balance	\$10
Preferred Brand prescription drugs (\$25)	Balance	\$25**
Non-preferred brand prescription drugs (\$40)	Balance	\$40**

### Two Options: Secondary Card or Debit Card

Our payment process involves a secondary card or a debit card. Below is a sample of the secondary payor card.

### **Billing & Payment Process**

As a Redwood Health Services member, you receive two identification cards: one from Blue Shield, and one from Redwood Health Services (RHS). Always present both cards whenever you visit a doctor or other medical provider.





**SAMPLE** 

Always present <u>both</u> cards to your health care provider. Blue Shield as primary and your Basic Plus card as supplemental.

## After you present your two cards, here's what happens after a typical visit to your doctor or other medical provider.

- 1. Your provider sends a claim form to Blue Shield for the services rendered.
- 2. Blue Shield sends your provider an Explanation of Benefits (EOB). The EOB shows how much Blue Shield paid and the balance due, if any. (Blue Shield also sends a copy of the EOB to you. The copy is only for your records; it is not a bill.)
- 3. If a balance is due, your provider forwards the claim form and Blue Shield's EOB to Redwood Health Services.
- 4. RHS processes the claim according to the RHS Summary of Benefits. RHS sends your provider a check and EOB that shows how much RHS paid and the balance due by the employee if any. (RHS also sends an EOB to you.)

### **Reimbursement Process**

Note: In rare cases, a provider may ask you to pay the balance due after receiving the carrier's EOB. If so, pay the provider and request an HRA Reimbursement Form from your employer. (You can also download the reimbursement form at the RHS website, www.rhs. org.) Then fax or mail a copy of the carrier's EOB and the reimbursement form to the address below. RHS will reimburse you directly.

RHS Claims Processing 3510 Unocal Place, #108 Santa Rosa, CA 95403 Fax 707-525-4223



**Redwood Health Services** 

Questions? Call RHS Customer Service at 800-548-7677, extension 2.

### **RHS Debit Card Summary of Benefits**

Below is a sample Summary of Benefits provided to clients using the RHS Debit Card.





### **Redwood Health Services**

# ABC Company Plan 1 Summary of Benefits

Effective date: January 1, 2018

Your Kaiser Bronze health plan pays most of your eligible medical expenses after you reach a calendar-year deductible (\$4,800 per individual or \$9,600 per family). Refer to Kaiser's Summary of Benefits for more details.

Your employer pays the Kaiser medical deductible up to the amount listed below under "Employer Contribution." The table below shows how much your employer pays and how much you are responsible for as a member of the health plan.





Kaiser Bronze HMO Plan	Employer Contribution	Member Responsibility
Calendar-Year Deductible		
Individual plan (\$4,800)	\$2,500*	\$2,300
Family plan (\$9,600)	\$3,500*	\$6,100
Calendar-Year Co-insurance		
Individual plan (\$1,750)	\$0	\$1,750
Family plan (\$3,500)	\$0	\$3,500

### **Payment Process**

Your health plan includes **two** cards: a **Kaiser identification card** and an **RHS debit card**. Always carry both cards with you.

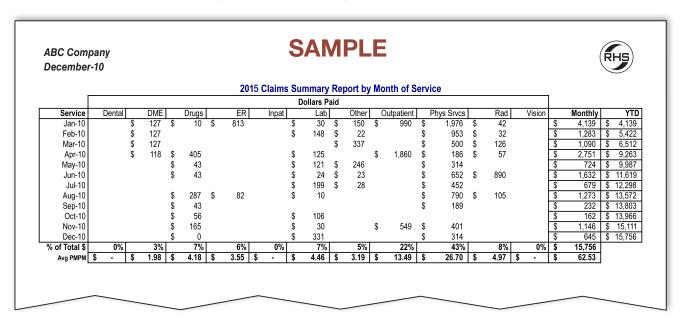
- Present your Kaiser identification card whenever you receive services from a Kaiser facility.
- Present your RHS debit card whenever Kaiser presents you a bill that can be charged to
  your deductible. The debit card is linked to an account that your employer has established
  for you. Your employer will use the account to pay your Kaiser deductible as listed above
  under Employer Contribution.

Questions? Call RHS Customer Service at 800-548-7677, Option 2.

### **Monthly Reports**

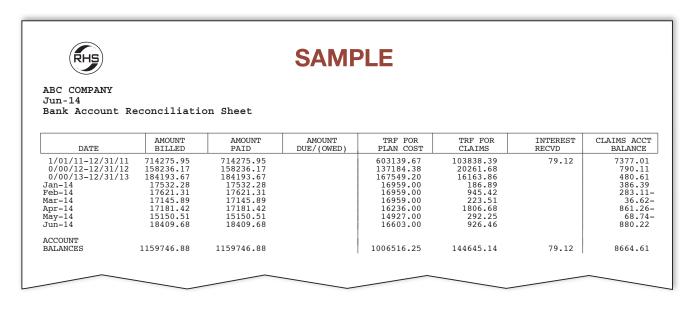
RHS posts nine monthly reports to a secure website for the employer to view claims activity and trust account balances. Following are samples of some of these reports.

Available on our secure website, the **Monthly Utilization** report (below) summarizes monthly usage by Dollars Paid broken out into categories and a year-to-date summary.



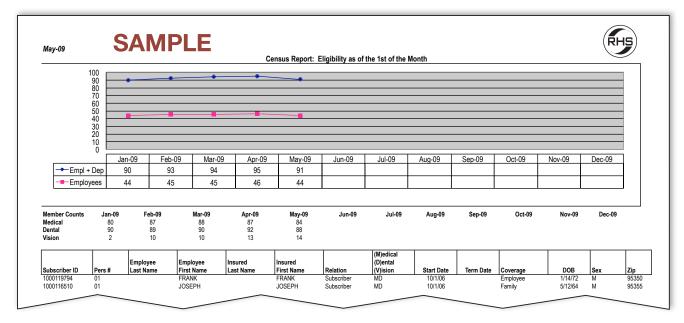
### Trust Account Report

Available on our secure website, Trust Account reports are provided to our clients on a monthly basis. The Trust Account report shows the deposit and withdrawal activity for payment and claims purposes and also reflects the current balance in the Trust.



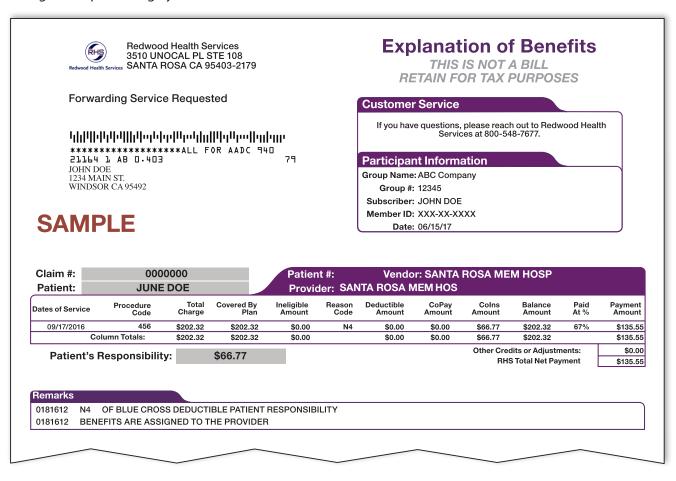
### **Census Report**

Census reports provided to our clients on a monthly basis.



### **RHS Explanation of Benefits (EOB)**

Below is a sample Explanation of Benefits (EOB) which is mailed to Patient and Provider following claims processing by Redwood Health Services.



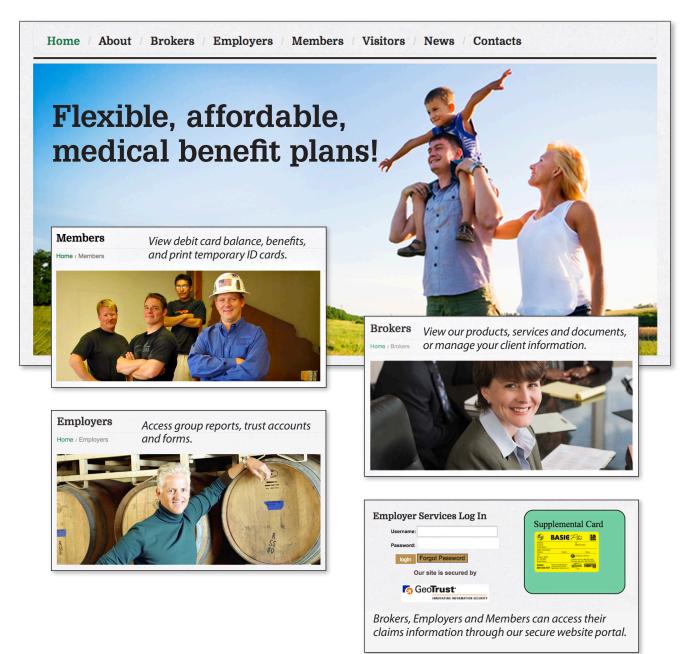
### Redwood Health Services Website (www.rhs.org)

The RHS website provides broker, employer, and member access to financial information, reports, and forms to assist their management of RHS products.

Using a secure, streamlined digital platform, **brokers** can view our products and services or manage client information, **employers** can access group reports, trust accounts, and forms, and **members** can examine debit card balance, benefits, and print temporary ID cards.

Other website features include:

- Responsive design for access across mobile and desktop devices
- Convenient access to forms to request enrollment, change of status, reimbursement, and more.
- Updates on regulations regarding the Affordable Care Act, IRS vehicles such as HRA's, FSA's, etc.
- RHS news blog includes helpful tools and expert advice to empower consumer choice and education in the changing world of healthcare.



### **RHS Services**

At Redwood Health Services, we offer an array of flexible, affordable health plans that can be individually designed to meet your company's specific needs. Our products include:

- POP (premium only plan). This plan allows employees
  to pay their share of company health insurance premiums
  on a pre-tax basis, thereby lowering costs for both
  employers and employees.
- Health FSA (flexible spending arrangement).
   Employees can use this pre-tax account to fund deductibles, copays, and other expenses not covered by their company health plan.
- Dependent care FSA. This pre-tax account can be used to reimburse day-care costs for dependent children and adults.
- HRA (health reimbursement arrangement).
   This plan couples a low-cost health insurance policy with an employer-funded account for deductibles, copays, and other expenses.
- Full COBRA administration. We offer complete administrative services for COBRA coverage, including premium collections, notifications, and other requirements.
- **Dental and vision plans.** These self-insured plans offer flexible benefits, monthly claims activity reports, and access to many dentists and ophthalmologists.
- **Transportation Plans.** Section 132(f) of the IRS code is a qualified Transportation Plan to reduce the cost of commuting to and returning from work. This benefit can only be provided through an employer.
- **Debit Card.** With our debit card, employees can automatically deduct medical, dental and vision expenses from their RHS health plan accounts. No more receipts to photocopy, no more forms to complete, no more faxes or letters to send. Thanks to the card, our money-saving health plans are easier than ever to establish and maintain.



### Contact RHS

### **Redwood Health Services**

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TOLL-FREE: 800-548-7677 • FAX: 707-525-4270

REGIONAL OFFICE: Sacramento & Northern Counties • PHONE: 888-705-2324

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